

Oxford CBT

## Neurodevelopmental Assessment Referral – Pre-Assessment Information

Name of Young Person

DOB

Home Address

Next of Kin

Next of Kin contact details

GP Practice

### Who lives at home with the young person?

| Name | Relationship to young person | Age |
|------|------------------------------|-----|
|      |                              |     |
|      |                              |     |
|      |                              |     |
|      |                              |     |

Please briefly summarise what led you to seek the current assessment?

Please list your 3 main challenges and/or concerns.

1.

2.

3.

What would be a good outcome for your son/ daughter and the wider family, following the assessment?

What are the young person's interests, strengths and qualities?

**What differences or challenges, if any, have you noticed in the following areas:**

**Comments**

|   |  |
|---|--|
| Peer relationships?   |  |
| Social communication skills (e.g. eye contact, use of gesture, voice, facial expression)? |  |
| Sensory interests or differences?   |  |
| Managing changes to routines and transitions?   |  |
| Listening and concentration skills  |  |
| Energy or activity levels?  |  |
| Behavioural concerns at home or in school?  |  |
| Managing emotions?  |  |
| Learning at school?   |  |

## Education

|           | Subjects | Grades | Difficulties, or areas of support |
|-----------|----------|--------|-----------------------------------|
| Nursery   |          |        |                                   |
| Primary   |          |        |                                   |
| Secondary |          |        |                                   |

## Education

| Service                                 | Currently | Previously |
|---|-----------|------------|
| Speech and language therapy             |           |            |
| Child and Adolescent Mental Health Team |           |            |
| Children's Services/ Social Care        |           |            |
| SENDCO                                  |           |            |
| Other                                   |           |            |

Does your son/ daughter have any previous medical, mental health or neurodevelopmental conditions (e.g. autism, ADHD, dyslexia, dyspraxia)?

Are there any members of their family with a mental health or neurodevelopmental condition (e.g. autism, ADHD, dyslexia, dyspraxia)?

Thank you for providing this preliminary information

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**SNAP-IV 26 - Teacher  
and Parent Rating Scale**

James M. Swanson, Ph.D, University of California, Irvine, CA 92715



|        |             |               |
|--------|-------------|---------------|
| Name:  | Gender:     | Age:          |
| Grade: | Class size: | Completed by: |

| For each item, check the column which best describes this child. |  | Not at all | Just a little | Quite a bit | Very much |
|--|--|------------|---------------|-------------|-----------|
| 1.   | Often fails to give close attention to details or makes careless mistakes in schoolwork or tasks |            |               |             |           |
| 2.   | Often has difficulty sustaining attention in tasks or play activities                            |            |               |             |           |
| 3.   | Often does not seem to listen when spoken to directly  |            |               |             |           |
| 4.   | Often does not follow through on instructions and fails to finish schoolwork, chores, or duties  |            |               |             |           |
| 5.   | Often has difficulty organizing tasks and activities   |            |               |             |           |
| 6.   | Often avoids, dislikes, or reluctantly engages in tasks requiring sustained mental effort        |            |               |             |           |
| 7.   | Often loses things necessary for activities (e.g., toys, school assignments, pencils, or books)  |            |               |             |           |
| 8.   | Often is distracted by extraneous stimuli  |            |               |             |           |
| 9.   | Often is forgetful in daily activities   |            |               |             |           |
| 10.  | Often fidgets with hands or feet or squirms in seat  |            |               |             |           |
| 11.  | Often leaves seat in classroom or in other situations in which remaining seated is expected      |            |               |             |           |
| 12.  | Often runs about or climbs excessively in situations in which it is inappropriate                |            |               |             |           |
| 13.  | Often has difficulty playing or engaging in leisure activities quietly                           |            |               |             |           |
| 14.  | Often is "on the go" or often acts as if "driven by a motor"                                     |            |               |             |           |
| 15.  | Often talks excessively  |            |               |             |           |
| 16.  | Often blurts out answers before questions have been completed                                    |            |               |             |           |
| 17.  | Often has difficulty awaiting turn   |            |               |             |           |
| 18.  | Often interrupts or intrudes on others (e.g., butts into conversations/ games)                   |            |               |             |           |
| 19.  | Often loses temper   |            |               |             |           |
| 20.  | Often argues with adults   |            |               |             |           |
| 21.  | Often actively defies or refuses adult requests or rules   |            |               |             |           |
| 22.  | Often deliberately does things that annoy other people   |            |               |             |           |
| 23.  | Often blames others for his or her mistakes or misbehavior                                       |            |               |             |           |
| 24.  | Often touchy or easily annoyed by others   |            |               |             |           |
| 25.  | Often is angry and resentful   |            |               |             |           |
| 26.  | Often is spiteful or vindictive  |            |               |             |           |