



OXFORD
CBT

Wender Utah Questionnaire

It is often helpful if we can get the perspective of someone who has known you from childhood, such as a parent or brother or sister.

Client's Name

Today's
Date

Relationship to you

At what age did you notice differences in the person such as poor attention span, hyperactivity etc?

Were they like this in more than one place, not just at school but also at home, when visiting or out?

Do you have any other comments about them?

Many thanks for taking the time to do this.

Please answer the following questions about what they were like before the age of 12.

Informants Questionnaire

Form completed by

Date

not at all or very slightly
mildly
moderately
quite a bit
very much

| | | | | | | |
|----|---|--|--|--|--|--|
| 1 | Active restless always on the go | | | | | |
| 2 | Afraid of things | | | | | |
| 3 | Concentration problems, easily distracted | | | | | |
| 4 | Anxious, worrying | | | | | |
| 5 | Nervous, fidgety | | | | | |
| 6 | Inattentive daydreaming | | | | | |
| 7 | Hot- or short-tempered low boiling point | | | | | |
| 8 | Shy sensitive | | | | | |
| 9 | Temper outbursts tantrums | | | | | |
| 10 | Trouble with stick-to-it-tiveness not following through, failing to finish things started | | | | | |
| 11 | Stubborn strong-willed | | | | | |
| 12 | Sad or blue depressed unhappy | | | | | |
| 13 | Incautious, dare-devilish, involved in pranks | | | | | |
| 14 | Not getting a kick out of things dissatisfied with life | | | | | |
| 15 | Disobedient with parents, rebellious, sassy | | | | | |
| 16 | Low opinion of self | | | | | |
| 17 | Irritable | | | | | |
| 18 | Outgoing friendly enjoyed company of people | | | | | |
| 19 | Sloppy disorganised | | | | | |
| 20 | Moody ups and downs | | | | | |
| 21 | Angry | | | | | |
| 22 | Friends popular | | | | | |

not at all or very slightly
mildly
moderately
quite a bit
very much

| | | | | | | |
|----|---|--|--|--|--|--|
| 23 | Well-organised tidy neat | | | | | |
| 24 | Acting without thinking impulsive | | | | | |
| 25 | Tendency to be immature | | | | | |
| 26 | Guilty feelings regretful | | | | | |
| 27 | Losing control of self | | | | | |
| 28 | Tendency to be or act irrational | | | | | |
| 29 | Unpopular with other children didn't keep friends for long didn't get along with other children | | | | | |
| 30 | Poorly-co-ordinated did not participate in sports | | | | | |
| 31 | Afraid of losing control of self | | | | | |
| 32 | Well-coordinated picked first in games | | | | | |
| 33 | Tomboyish (for women only) | | | | | |
| 34 | Running away from home | | | | | |
| 35 | Getting into fights | | | | | |
| 36 | Teasing other children | | | | | |
| 37 | Leader bossy | | | | | |
| 38 | Difficulty getting awake | | | | | |
| 39 | Follower led around too much | | | | | |
| 40 | Trouble seeing things from someone else's point of view | | | | | |
| 41 | Trouble with authorities trouble with school visits to principal's office | | | | | |
| 42 | Trouble with police booked convicted | | | | | |

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quite a bit
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Medical problems as a child

| | | | | | | |
|----|-----------------|--|--|--|--|--|
| 43 | Headaches | | | | | |
| 44 | Stomach-aches | | | | | |
| 45 | Constipation | | | | | |
| 46 | Diarrhoea | | | | | |
| 47 | Food allergies | | | | | |
| 48 | Other allergies | | | | | |
| 49 | Bedwetting | | | | | |

As a child in school was (or had)

| | | | | | | |
|----|---|--|--|--|--|--|
| 50 | Overall a good student fast | | | | | |
| 51 | Overall a poor student slow learner | | | | | |
| 52 | Slow in learning to read | | | | | |
| 53 | Slow reader | | | | | |
| 54 | Trouble reversing letters | | | | | |
| 55 | Problems with spelling | | | | | |
| 56 | Trouble with mathematics or numbers | | | | | |
| 57 | Bad handwriting | | | | | |
| 58 | Able to read pretty well but never really enjoyed reading | | | | | |
| 59 | Not achieving up to potential | | | | | |
| 60 | Repeating grades | | | | | |
| 61 | Suspended or expelled | | | | | |

Reference:
Ward MF Wender PH Reimherr FW. The Wender Utah Rating Scale: An aid in the retrospective diagnosis of childhood Attention Deficit Hyperactivity Disorder. Am J Psychiatry. 1993; 150: 885-890